



## Academic Self-Assessment

Complete this assessment and be prepared to discuss these topics with your academic advisor. The goals of the meeting with your advisor include:

- Identify obstacles from the previous semester that impacted your academic success.
- Review impact of academic probation status on progress towards graduation, financial aid, and GPA.
- Build a working relationship between you and your academic advisor.
- Determine appropriate courses and support resources for new semester.

### Student Information

Name:	Semester GPA:
ID #:	Cumulative GPA:
Major:	GPA Needed:

*Please be completely honest when filling out this self-assessment*

1. Are you on:  Academic Probation  Academic Drop  Just worried about academics
2. Do you know your cumulative GPA?  No  Yes If yes, what is it? \_\_\_\_\_
3. Do you work?  No  Yes If yes, how many hours per week? \_\_\_\_\_
4. Are you familiar with what it means to be on Academic Probation and the consequences if you don't make progress this semester?  No  Yes
5. On a scale from 1 – 5, how concerned are you about being on Academic Probation?

1	2	3	4	5
Somewhat Concerned	Moderately Concerned	Concerned	Very Concerned	Extremely Concerned

What concerns and/or questions do you have about your current academic status?

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Contact Pathway Advising:

Phone: (414) 229-4696

Email: [pathway-advising@uwm.edu](mailto:pathway-advising@uwm.edu)

Location: Mitchell Hall 177

Navigate: [uwmilwaukee.campus.eab.com](http://uwmilwaukee.campus.eab.com)

Walk-In Hours: Wednesdays

9 am – 3 pm



After reflecting on your academic performance, what obstacles impacted your grades or academic performance?

Check all that apply and circle the top three obstacles that have impacted your academic progress.

**Academic**

- Did not attend all classes or labs
- Did not maintain communication with instructors regarding progress
- Did not seek support from instructors, advisors, or support services
- Did not regularly study
- Don't know how to study or study approach doesn't work
- Did not complete or submit assignments on time
- Classes weren't interesting
- Classes were too hard
- Did not ask for help
- Poor time management
- Struggle with writing skills
- Struggle with math skills
- Struggle with reading course material
- Take unhelpful class notes
- Did not have required textbooks or class materials
- Felt class placements were incorrect
- Felt classes weren't important to personal goals
- Uncomfortable with instructor(s)
- Did not check UWM email for class or campus updates

**Major / Career**

- Uncertain about major/metamajor
- No longer like major or plan
- No clear career goals or academic interests
- Not sure why I'm in school
- UWM isn't what I expected

**Personal / Outside of Class**

- Financial difficulties
- Difficulty sleeping at night
- Use of alcohol or other substances
- Need help with note taking
- Problems with test taking
- Pressure, stress, and/or anxiety
- Involvement in campus activities or athletics
- Trouble staying motivated for class
- Problems at work
- Homesickness
- Feel isolated or alone on campus
- Roommate issue(s)
- Family issue(s)
- Relationship issue(s)
- Personal situation
- Other:

**List your three most significant obstacles.**


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